



## ***This Week in FOSC***

### ***Fall Preview***

***Twelfth Edition August, 14 2009***

### **FOSC LOOKS STRONG GOING INTO FALL SEASON**

Coming off a strong Spring season, and with over 175 “new to the club” players attending our tryouts, FOSC is poised to have an even better Fall campaign. FOSC will hit the fields with 30 teams U14 and under. Of these 30 teams 7 will play in CUSL Division One or higher:

- U9 Girls      Red Rage      Division One CUSL
- U11 Boys     Mutiny        Division One CUSL
- U12 Girls     Fury Red      Division One CUSL
- U13 Girls     Red Swarm    Buckeye Premier Elite Division
- U13 Boys     Fusion Red    Division One CUSL
- U14 Girls     Fire Red      Buckeye Premier One Division
- U14 Boys     Eagles        Division One CUSL

In addition to our teams playing in CUSL or BPYSL, F.O.S.C. will have 5 teams from the Academy by FOSC participating in the EPL, Elite Players League. FOSC is excited to have over 350 players proudly wearing the Red and White of the Fairfield Optimist Soccer Club this fall, good luck to each and every one of you!

## **SUMMER NEWS**

FOSC players made great strides over the summers months by taking part in many activities including summer training and conditioning programs, summer soccer camps, and 3 v 3 tournaments and leagues winning local and regional championships. A couple of highlights from the summer include:

- 4 FOSC players selected to attend ODP Regional selection camps
- 4 FOSC players competed in the USFF Futsal National Championships
- FOSC Director of Coaching, Craig Rhodis was named Head Coach of the US National Arena Soccer Team.

You can read more about this summer's highlights at [www.foscsooccer.com](http://www.foscsooccer.com) the home for everything that is FOSC.

## **APPLECREEK PRACTICE FACILITY**

For the first time FOSC has been able to consolidate all practices into one facility. The FOSC Applecreek practice facility is located River Road, just north of Nilles Road. Thanks to Mother Nature the fields are soft and green; thanks to DOC Craig Rhodis they are lined and have goals! FOSC's goal is to have all age groups practice at one location which allows our clubs trainers and Directors of Coaching more access to each team and the ability to spend more time working with our players and less time traveling from location to location. A layout of the Applecreek facility and complete Fall '09 practice schedule can be found in the "Training" section of [www.foscsooccer.com](http://www.foscsooccer.com).

## **APPLECREEK PARKING**

The one downside to having all practices at Applecreek is the limited number of parking spaces. Many people choose to park on the side street just north of the facility, parking there is fine, but please DO NOT walk in or cut through the yards that surround Applecreek! It is probably frustrating enough for them to have an extra 30 cars parked on their street each night, so let's show them the respect of not trampling their lawns.



## **FACEBOOK**

FOSC has entered the world of social networking with our own FOSC Facebook page. The FOSC Facebook page will allow “friends of FOSC” from all over the world to reconnect, chat, discuss, and comment on their favorite youth soccer club. The site has been up for just 2 weeks and already has 89 fans of FOSC listed. We would like to see that number grow to the point where we have more fans than any other club in Ohio South. To access and register on the FOSC Facebook page go to [www.facebook.com](http://www.facebook.com) and search FOSC Soccer! We are looking forward to seeing your smiling face.

## **HONOR ROLL BACK BY POPULAR DEMAND**

The item that we receive the most positive comments on is the Fall and Spring Honor Rolls. After this weekend’s tournament action we will again be posting the FOSC champions and finalist from area tournaments. Each championship team and finalist will have their accomplishment posted in *This Week in FOSC* and the Honor Roll section of [www.focsoccer.com](http://www.focsoccer.com), their team picture will also be posted in the photo section of the website under Fall '09 Honor Roll and finally their picture will rotate on the Home page of [www.focsoccer.com](http://www.focsoccer.com). Please make sure that someone from your team supplies the website with a team trophy ceremony picture so every team receives their due recognition. Pictures and tourney details should be sent to: [kahbuckeye@aol.com](mailto:kahbuckeye@aol.com).

## **LAST CHANCE FOR SCHOLARSHIP**

The deadline for Fall applications for player scholarships has been extended to August 17th! FOSC provides an excellent scholarship program for those players and families that need monetary assistance for paying player fees. Applications can be found in the "FORMS" section of [www.focsoccer.com](http://www.focsoccer.com).

## **TRAINER SPOTLIGHT**

A new feature to the *This Week in FOSC* this season will be our trainer spotlight. Each week we will take a look at a different FOSC trainer from a more personal standpoint. Our initial spotlight is on Colin Mullaney.



Colin has been with FOSC for over 4 years and is currently the Director of Training for Boys U12-14. Colin spent several years as the Fairfield High Schools Head Boys JV coach. Colin currently trains the following FOSC teams; U13 Boys Fusion Red, U13 Boys Fusion White, U14 Boys Eagles, U16 Force Red (Spring)

**Favorite Food/Restaurant:** Ribs (From Big Art's BBQ..AMAZING!!) Take me if you go!

**Pets:** 9 Fish! Did have 11 a couple days ago....RIP

**Favorite Soccer Player:** Just recently became a big fan of Kaka. I love what he stands for and seems to be the perfect role model for the kids. Read up on him and see what you think. He is an amazing player.

**Favorite Soccer Team:** I can't say that I have a favorite team yet although since becoming a Kaka fan, I guess I support Real Madrid (even though Ronaldo plays for them)

**Non Soccer Hobbies:** I love to snowboard, backpack, kayak...most outdoors things.

**I love FOSC because:** The people! I also love being a part of something "special." I really feel like FOSC has that something and I am VERY excited about the future of FOSC.

**Favorite Motivational Quote:** *"Good enough is never good enough."* I use this A LOT when I am coaching teams that are doing well and get comfortable at where they are at.

**Most memorable playing moment:** Playing for an Athletes in Action team in Ireland in 2003. We were walking out onto the field in Ireland and there was a light foggy mist about knee high. There was also a group playing drums and bagpipes nearby. By far the coolest start of a match that I have been involved in.

**Most memorable coaching moment:** I have two: During a game a foul occurred and the ball rolled toward me while I was standing on the sideline. As I tried to kick the ball back to where it should be, I kicked the ground, causing a HUGE curve on the ball (I bent it like Beckham) and it hit the opposing coach where he did NOT want to be hit. I was embarrassed, but we (my team and coaches) got a good laugh out of it. The other, more serious, was two seasons ago coaching the now U16 Boys Force Red to a first place regular season finish and getting to the finals of every tournament. I have never coached a team that set their goals high and worked so hard to achieve them. I am very proud of them!

**FOSC thanks Colin for his dedication to the club and taking the time to share these insights with us and we wish him the best of luck in the fall season!!**



## **MASC CELEBRATES 25<sup>TH</sup> ANNIVERSARY**

This spring will mark the 25<sup>th</sup> anniversary of the Mid American Soccer Classic making the FOSC sponsored tournament one the oldest, most prestigious, and largest (last year over 586 teams participated over the two weekends) tournaments in the region. Many special events will surround the silver anniversary edition of the MASC, if you have any ideas on how to make this year's MASC special or would like to serve on one of the MASC special event committees please contact tournament director, Ann Yungbluth at [cayung@fuse.net](mailto:cayung@fuse.net).



## **JUGGLING MASTERS**

Back for the 2009 Fall Season is the FOSC Juggling Masters. FOSC recognizes its juggling stars with recognition on [www.foscoccer.com](http://www.foscoccer.com) and a special Juggling Masters shirt. Details on how to qualify for the FOSC Juggling Masters can be found on the FOSC Website and while you are there check out the video of the U8 Girl who juggled 4,800 times in a row....WOW! Pictured above current FOSC Juggling Masters record holder Nate Musselman, Boys U15 Storm, 752 juggles!



After lengthy negotiations with several uniform suppliers FOSC has chosen PUMA as the official supplier of uniforms for the club beginning with the Spring '10 season. FOSC will be distinctly outfitted as we will be the only PUMA club in greater Cincinnati. After surveying several of our current FOSC players the PUMA Lyon was chosen as the uniform FOSC teams will wear for the next three years (pictured below). More details on ordering, when your team needs to be in the PUMA Lyon, etc will be announced in the upcoming issues.



(in Red of course!!)



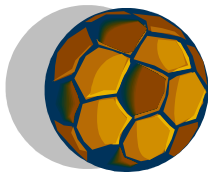
### FOSC PARTNERS WITH OXFORD PHYSICAL THERAPY

FOSC has inked a deal with Oxford Physical Therapy Centers to be the official orthopedic care provider for the club. OPTC will provide medical support and triage on site at our Applecreek practice facility throughout the fall season as well as serve as a local sounding board for any medical questions, injury screenings, and physical therapy and rehabilitation needs. "We are so excited to partner with the Fairfield Optimist Soccer Club and be able to help these young athletes and their families," Ken Rusche, OPTC Owner, said of the new relationship with FOSC. The Tri-County/Fairfield office is located at 3787 Woodridge Blvd, just off of Pleasant Avenue. Phone: (513)-874-1999 Fax: (513)-874-1653



### ACADEMY CONTINUES TO GROW

The Academy by FOSC will welcome in over 50 players to this FALL's session. The Academy, lead by Brian Nelson has received tremendous accolades from within the youth soccer community leading to tremendous growth over the past year. Brian's focus as always is developing player skills and a love of the game. The Academy players will comprise 5 teams (2 boys/3 girls) that will compete against other clubs in the Elite Players League. There is still time to get players registered for the Academy. For more information on the Academy by FOSC visit [www.foscoccer.com](http://www.foscoccer.com) or contact Nick Goodwin at [ngoodwin@fuse.net](mailto:ngoodwin@fuse.net).



### LET'S HEAR FROM YOU.....

If you have something interesting that you would like to share with the rest of the club please send it to *This Week in FOSC* @ [kahbuckeye@aol.com](mailto:kahbuckeye@aol.com). We will consider all items we receive for publication in a future issue.

